

Spiritual EKG

My highlights of things I did well and enjoyed doing...

(The more you can list the better. Get another sheet of paper if you need one)

During my grade school years:

1.

2.

As a teenager:

1.

2.

3.

In college or early 20's:

1.

2.

3.

4.

In my "ThirtySomething" years:

1.

2.

3.

4.

From my “ThirtySomethings” to the present:

1.

2.

3.

4.

What do I have a heart for or what motivates me most?

I love to _____

I love to _____

I love to _____

Who do I love to work with most (e.g - the age or type of people)?

What are some church issues, ministry, or possibly needs that excite me or concern me the most?

If I know I could not fail, this is what I would attend to do for God with my life: